

WHO IS A SODALIST?

A Sodalist is one who desires to be closer to Jesus through emulating Our Blessed Mother, Mary and is called to a full Catholic life through Spiritual and Apostolic works.

SPIRITUAL LIFE OF A SODALIST

The Spiritual Life Mission of a Sodalist is to live the Marian Way of Life.

A Marian Way of Life includes:

- Daily Prayer
- Reading and reflecting on Scripture.
 - Developing a deeper knowledge and appreciation of Scripture in the liturgy of the Church through study, discussion groups, and Bible study.
- Attending weekly Mass and Holy Days of Obligation.
- Reciting the Rosary (daily).
- Morning offering and evening prayers.
- Availing yourself to the sacrament of reconciliation.
- Attending retreats and days of recollection.
- Shepherding Junior Sodalists to see Jesus in themselves and others.

APOSTOLIC LIFE OF A SODALIST

The Apostolic Life Mission of a Sodalist is to channel spirituality through service.

- Visit, communicate, and pray with sick and shut-in persons in hospitals, nursing homes, and residences and assist with the healthcare needs of the parish.
- Provide and participate in educational and outreach programs and activities with members in our parish, School and Sunday School, as well as local and international communities.

To Jesus Through Mary: This Is Our Call